

# Bike safety

1

## Before you start riding make sure:

- You're wearing a helmet and enclosed shoes
- Your bike has been checked and is ready to go.



3

## When you are ready to cross the road:

- STOP, LOOK, LISTEN, THINK to check that it is safe to cross
- Always choose traffic lights, a pedestrian crossing or a school crossing where possible
- Hop off your bike and walk your bike across the road.

4

## Take care of your bike to make sure it is in good condition and safe to ride

This means that is has:

- Working brakes
- Pumped up tyres
- Lights that are working
- A bell that rings

If you're not sure your bike is safe to use, please talk to an adult in your family.

2

## When riding

- Use the foot-path as much as possible and be respectful of others using it
- Keep to the left and use your bell to let people know you are coming.



Department of Transport



**your  
move**  
Get active your way

[yourmove.org.au](http://yourmove.org.au)